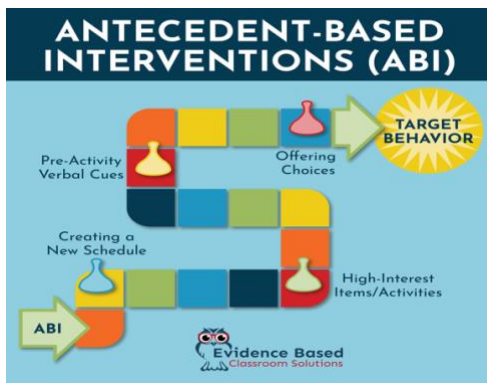




CAPTAIN X

Evidence-Based Practice of the Month: Antecedent Based Intervention (ABI)

Arrangement of events or circumstances that precede an activity or demand in order to increase the occurrence of a behavior or lead to the reduction of the challenging/interfering behaviors. (National Clearinghouse on Autism Evidence and Practice Review Team, 2020)



Free module to learn more about ABI:

<https://afirm.fpg.unc.edu/augmentative-alternative-communication> <https://afirm.fpg.unc.edu/antecedent-based-intervention>

In the Classroom:

- Identify and define interfering behavior through a Functional Behavior Assessment – WHY IS THE STUDENT DOING THIS BEHAVIOR? (is it for attention, escape, access or automatic/sensory)
- Use learner preferences
- Change schedules/routines
- Implement pre-activity interventions
- Use choice-making
- Alter how instruction is delivered
- Enrich the environment with sensory stimuli

At Home:

- When your child has a challenging behavior, think about what happened before and after the behavior.
- Think of ways you can change what happens before the challenging behavior. For example, if your child refuses to brush his or her teeth, consider introducing a visual schedule to signal your child needs to brush teeth and the steps involved. Changing the environment before an activity (such as using a picture rather words) the challenging behavior may decrease.
- Remember to praise your child or provide reinforcement for completing a task or activity.

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